

### Forgiveness Season 1, Episode 5



*“And forgive us our debts, as we also have forgiven our debtors” (Matthew 6:12, NRSV).*

*Therefore, my beloved, just as you have always obeyed me,  
not only in my presence, but much more now in my absence,  
work out your own salvation with fear and trembling; for it is God who is at work in you,  
enabling you both to will and to work for his good pleasure (Philippians 2:12, NRSV).*

#### **MAKING CONNECTIONS - How can I forgive?**

Dr. Tillman poses these questions for further reflection in the chapter, Forgiveness, in his book, *Christian Ethics: A Triadic Approach*. You can find the chapter [here](#).

Could you develop a composite pathway from the illustrations in the chapter for yourself toward identifying forgiveness, recognizing the positive effects of being a forgiving person, as well as integrating forgiveness into your day by day living?

With forgiveness laid over the former triads of deontology, teleology, and relational theories and contractual, retributive, and distributive accountability, which points intersect with forgiveness?

Is the five step exercise in the last five paragraphs before the chapter's conclusion a viable one for you to implement? What would it look like for you?

#### **Suggested Reading (books mentioned in the podcast)**

Tutu, Desmond, and Mpho Tutu. *The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World*. New York: HarperOne, 2014.

Kubler-Ross, Elisabeth. *On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy and Their Own Families*. New York: Scribner, 2011.



*“We must develop and maintain the capacity to forgive.  
He who is devoid of the power to forgive is devoid of the power to love.  
There is some good in the worst of us and some evil in the best of us.  
When we discover this, we are less prone to hate our enemies”  
(Martin Luther King, Jr.).*